

# MEDICAL ARTS

R A D I O L O G Y

medartsrad.com

631-238-9090

## PREPARATION FOR EXAMINATION

For all up to date exam preparations visit [www.medartsrad.com](http://www.medartsrad.com)

### G.I. Series and/or Small Bowel Series

Do not eat or drink from midnight until the time of examination. Continue to take your usual medication even when you are asked not to drink water. You can have a sip of water when you take your medication.

### Barium Enema

**THE DAY BEFORE THE EXAMINATION:** A clear liquid diet (soup, jello, soda, no milk products or solids) for 24 hours prior to the examination. Every hour drink at least 8oz. clear fluid. At 4pm, drink 10oz. of citrate of magnesia. At 8pm, drink 2oz. of castor oil. Do not eat, drink, smoke or chew from midnight until the time of examination.

**THE MORNING OF THE EXAMINATION:** Administer a tap water enema or Fleets enema until the returns are clear.

### Obstetric or Pelvic Sonogram

Eat as you normally would prior to your appointment time. Before the examination drink 32 oz. (four large glasses) of water. Begin drinking the water 1½ hours prior to the appointment. You may take up to ½ hour to finish the water. **DO NOT VOID** (urinate or go to the bathroom) until after your examination is complete.

### Abdominal Ultrasound

Do not eat or drink from midnight until the time of examination. Continue to take your usual medication even when you are asked not to drink water. You can have a sip of water when you take your medication.

### Mammography

Do not apply perfume, powder or deodorant on the breast or in the under-arm area. Please submit most recent mammogram studies, if performed outside this facility, for comparison purposes.

### DEXA Scan

No calcium supplements or vitamins day before & day of exam.

### Virtual Colonoscopy

Pick up colon prep kit from Medical Arts Radiology three days prior to exam. Further instructions for exam will be given at that time.

### CT Scan, Coronary CT Angiogram

Please call the office for preparation instructions.

### Nuclear Medicine Studies, PET/CT Scan

Please call the office for preparation instructions.

IT IS EXTREMELY IMPORTANT THAT YOU FOLLOW THE INSTRUCTIONS FOR YOUR EXAM EXACTLY. If you should have any questions or problems with these instructions, call us immediately.